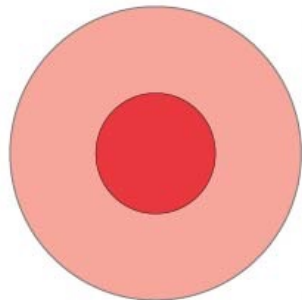
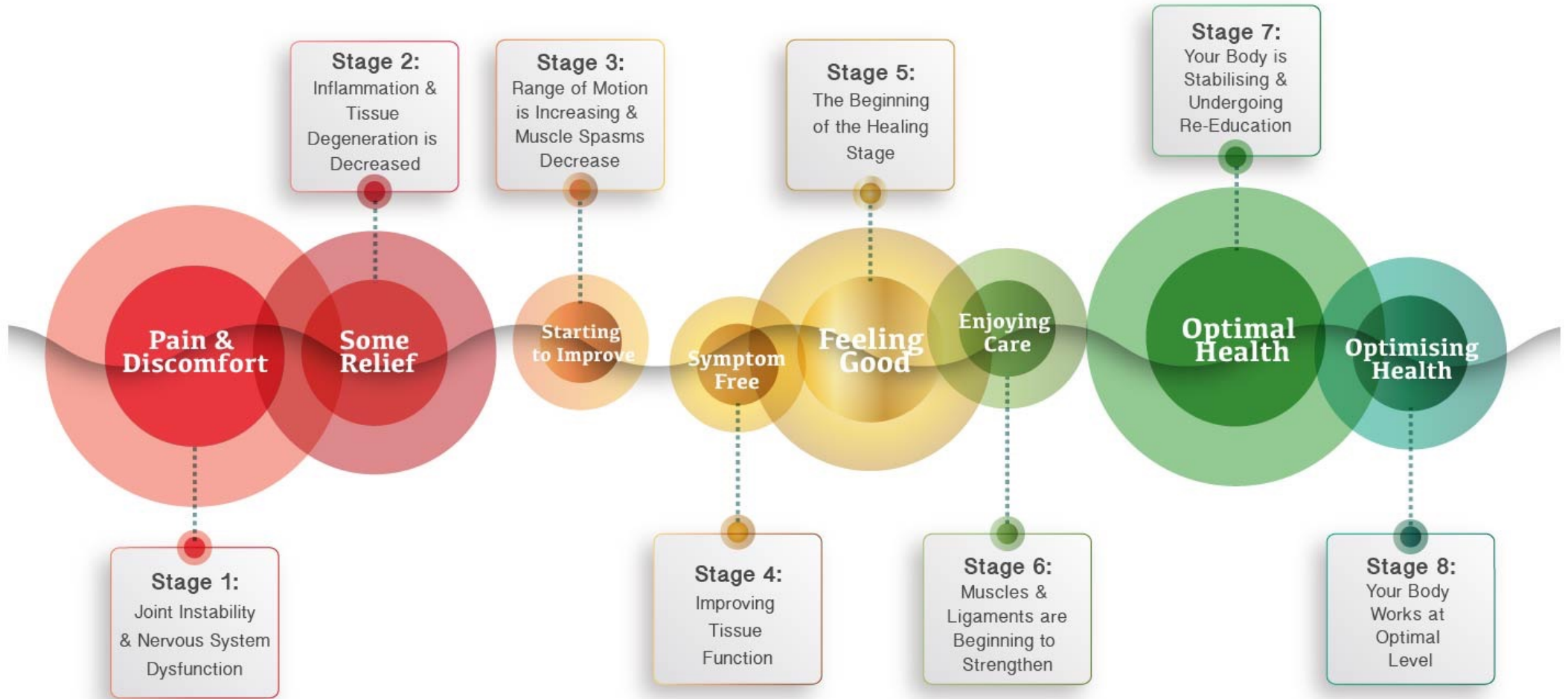


# The Healing Process & Stages of Osteopathic Care

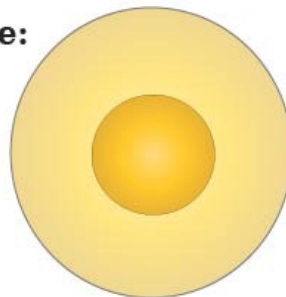


## Initial Intensive Care:

Most care starts at this stage

**Treatment Goal:** reduce symptoms, improve quality of life & assist your body to remove toxins

The frequency of treatment depends on your age, lifestyle & severity of your symptoms

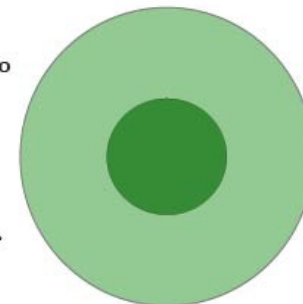


## Corrective Care:

Your symptoms are starting to resolve

Muscles & soft tissue are normalising, healing is starting to occur

**Treatment Goal:** support your body as it re-learns how to function properly



## Wellness Care:

The support stage of care

Your body is starting to work at optimal level

**Treatment Goal:** routine check-up to ensure prevention of future problems